

Money Matters \$40

Jeanne's story is just one example that shows how the support you provide makes a difference. It all started when Jeanne, from the Diocese of Buhiga in Burundi, was introduced to

literacy training. The skills she developed from learning to read and write later enabled her to secure a loan.. Starting with this, she learned the skills to run and grow her own business and her family now have a house, cows, food, clothes and schooling for their children. She gives contributions back to her church and answers all the questions of her neighbours. Her family members are changing the devastating cycle of poverty. Her children in school are gaining an education and building their own futures. Jeanne holds her head high with dignity, knowing she is lifting herself and her family out of poverty – for good.

Start or Continue a Project \$50



Need money to buy a coffee urn so you can start a neighbourhood coffee morning?? Or shelves to store

food bank items? Or to buy tools and supplies to start a community garden? A grant from the Rev. Debbie Strickland Fund will encourage branches across Canada to begin or expand an ongoing project that will make a difference in their community.

Tackling Gender-Based Violence \$60

Mothers' Union in Uganda are responding to the growing threat of gender-based violence in their communities.

By creating safe spaces where survivors of abuse can come forward and speak openly about their traumas, the essential healing process can begin through our presence. It is from within members' deep-rooted community presence that they can advocate against harmful practices which enable and perpetuate violence against women and girls, and lead to a better future.



Gifts of Dignity

Make a Mother's Day 2024

Give a Gift of Dignity this Mothering Sunday
www.makeamothersday.org

Mothers' UNION
Christian care for families

This Mother's Day could you give the Gift of Dignity?

Through your support more women could grow their independence, take on leadership roles, and build a better future for their children.

By choosing a Gift of Dignity you'll be making a difference for mothers and their families through the ground-breaking work Mothers' Union does around the world.



With the purchase of these gifts, you can help more women and girls live in safety and respect.

Since Make a Mother's Day was launched in 2007, more than \$2 million has been given to help support moms and families all over the world.

Mothers' UNION
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Card Order Form 2024	Price	Qty	Card (Yes/No)	Total
A Powerful Voice	\$10			
Dealing with Disasters	\$15			
Choosing Brighter Futures	\$20			
Flourishing Families	\$25			
Literacy for Life	\$30			
Money Matters	\$40			
Branch Projects	\$50			
Tackling Gender Based Violence	\$60			
Total				

Money from the gift in red goes toward work in Canada, especially the North. Money from the green gift goes to the Rev. Debbie Strickland Fund for Branch Projects.

Make cheques to the Canadian Mothers' Union. Send with this form to Dawn Skene, 109 Dorothea Dr., Dartmouth, NS B2W 2E7 or E-transfer to dawn.mutreasurer@gmail.com

Include name, address, postal code, & email address, please..

Individuals will receive a tax receipt.

For card delivery, email ethel.nelson@gmail.com with the card or cards required along with name, address and postal code. You can ask for a greeting for any occasion on the card front, e.g., You're Special, Happy Birthday, With Sympathy, Happy Anniversary, etc. Cards with Christmas Blessings, Just for You at Christmas, etc., will have a 'Christmas' picture on the front.

A Powerful Voice \$10



In communities in Papua New Guinea, women are often denied the chance to have a voice.

Theodora wanted to change the rules in her community where men talk and women sit quietly and listen. She started conversations between her fellow Mothers' Union members and their husbands to address the imbalance in their marriages. Theodora also helped women gain their dignity and independence by setting up their own businesses.

"Now they have little projects such as peanut and chilli plots . . . this has been a good way to generate income."

Dealing With Disasters \$15



Anne-Marie attended reproductive healthcare and family planning training, and her confidence has opened up new doors. Malaria is a huge

problem in her community, and many people don't know that it's mosquito-borne. Anne-Marie has learned how to prevent them breeding in people's homes, by keeping water covered, and shares her knowledge. "I'm a community facilitator at the healthcare centre. Now I can help treat people who have malaria symptoms. We work hand-in-hand with the dispensary and hospitals, and I provide advice on care."

Choosing Brighter Futures \$20

Despite poverty, conflict and abuse, women in the Democratic Republic of Congo are joining together to run community-led workshops,

allowing them to earn an income through agricultural enterprises, alleviating themselves from dependency and empowering them to shape their own future.



Flourishing Families \$25



Nurturing our children as they grow can be challenging. In Matana in southwest

Burundi, Lyduine is a grandmother and mother with a lot to be proud of. She learned to read through her Mothers' Union program, built a business and has managed, not only to put her children through school, but support them into the careers of their dreams. Now her sons have families of their own, and her daughter, grandchild and Lyduine share a harmonious life at home.

Literacy for Life \$30

In the Democratic Republic of Congo, Masika fled her home due to rebel attacks. Joining a Mothers' Union



literacy circle has given her a new confidence, insight and agricultural knowledge. She is eager to share what she has learned. Can you help support even more women like Masika to transform their lives by buying a Gift of Dignity?