

WORKSHOP LEADER BIOGRAPHIES:

Many Shades of Green

Louisa Horne is the founder of Epilog, a 100% woman-owned and operated, collaborative, client-centric, ethical and socially responsible company. She is passionate about helping seniors find peace of mind and live with joy. Louisa is trained as a Senior Move Specialist.

Louisa is an end-of-life doula. She has studied Grief and Bereavement at the Atlantic School of Theology and is the first person in Canada to have completed the Green Burial Council Proficiency Certification.

Louisa is a life long learner, currently engaged in doctoral studies, and is an active community volunteer and regional leader with Rotary.

Hope Renewed

Linda Scherzinger is an active member of St Andrews United Church in Halifax where she is chair of the Social Justice Committee. Her particular calling has always been to work with others for justice and for a more caring, equitable and sustainable world. For over 20 years, Linda has been involved with several social justice issues, particularly on committees such as Faith and Action, World Outreach, Church in Action and with KAIROS ecumenical groups, the Ecology Action Center and the Sierra Club.

In 2023 Linda was awarded the Honourable Mayann Francis Faith in Action Award.

Linda has lived out her faith through concerns for: children and youth at risk; care for the earth and climate justice; Indigenous rights and reconciliation; support for refugees; and justice and peace for Palestine and Israel.

In the past she has served as Mission Personnel (United Methodist) in Hong Kong and Vietnam and has visited mission partners in Palestine, Guatemala, China and Cuba.

Paracord Craft

Stuart Micklethwaite was born in England and raised in areas across Canada as a PK (Preacher's Kid). At the tender age of 17 he joined the military and was trained as an Aircraft Weapons Technician. Stuart was posted to Chatham, NB where he met his first wife and then to Baden, Germany. They say that when you leave Germany, you either came home with a cuckoo clock or with children. They did not bring home a clock. This was followed by a posting to Greenwood, NS where he became a bomb disposal technician and finally to Shearwater NS where he spent time at sea. After retirement Stuart spent 20 years at IMP Aerospace and Defense. After his second retirement he was diagnosed with PTSD, Anxiety and Depression. As therapy, he took up paracording, which has turned into a hobby. Stuart believes that we are lifelong learners. Over the

years, he learned a lot about his own spirituality and is happy where he is in that continuing journey. Stuart has two children and is happily married to Pat.

Creative Prayer: It's in us to use

The Rev. Frances Drolet-Smith recently retired after 40 years as a priest, serving in the Dioceses of Quebec, Western Newfoundland as well as Nova Scotia & Prince Edward Island. While in NS & PEI, she also served as Anglican Formation Director at the Atlantic School of Theology and as Vocations Coordinator, working with those discerning a call to ministry. Frances is also known for her monthly column *Teach Us To Pray* in the NSPEI Diocesan Times – a job she did for 8 years. A wife to Paul, whom she met in seminary, and mother to two adult children, Matt and Sarah, Frances is also an Oblate of the Sisterhood of St. John the Divine (an Anglican order, Toronto), offers spiritual direction, and has led retreats for various groups. She enjoys sewing, gardening, writing – and good conversation, with – or without – good coffee

Hope and Meaning in the Last Third of Life

Sue Bookchin is co-founder and Executive Director of **Be the Peace Institute**, an intersectional, trans-inclusive, feminist non-profit based on Nova Scotia's South Shore. We work with diverse partners across the province to address the roots and consequences of gender-based violence and advance systemic change for gender equity and social justice.

Having served on the Board of Second Story Women's Centre, and been part of several initiatives regarding gender-based violence, Sue co-coordinated Second Story's *Be the Peace Project* (2012-2015), the forerunner for her current work.

With degrees in nursing and public health, Sue worked in health care for years, before becoming a facilitator, consultant, coach and mediator, working in a variety of sectors with individuals, companies and executive teams. She is passionate about social justice, equity and peace and steeped in gratitude for the privilege of living and being in relationship with the land in the Kespukwitk region of Mi'kma'ki.

Mi'kmaw traditional and ecological knowledge and pre-contact Spirituality and Christianity

Gerald Gloade is an artist and educator who is currently the Program Development Officer for the Mi'kmawey Debert Cultural Centre. Gerald started his career working as a graphic designer for the Nova Scotia Department of Natural Resources' Communications and Education Branch more than 25 years ago. The focus of his work with the Province moved from forestry education and graphic art to sharing his culture and history in the landscape and environment of Mi'kma'ki with audiences of all ages. As an artist, educator and Mi'kmaw storyteller, Gerald guides the development of visitor and educational programs for the centre. His stories and interpretations of the Kluskap legends in particular have captured many audiences. Gerald is a key member of the

curatorial group, growing our understandings of collections, places, people, practices and events for the future Centre. Gerald was brought up and lives in the community of Millbrook with his wife Natalie and their two sons, Gerald D. and Kyle.

Laughter Yoga

If Rev Brenda Clark ever grew up, it started in Melville Cove on the Northwest Arm in Halifax. She was educated locally and spent a lot of time rowing on the Arm. At any early age Brenda sensed a call from God to ministry in the Anglican Church of Canada. For fifty-four years she have been engaged in this life of serving as a deacon and priest. She has served in both the Diocese of NS and PEI and also the Diocese of Huron. Brenda returned to her home church, St James, Armdale, where she is now serving as the Honorary Assistant. Brenda always loved to laugh!!! She was introduced to Laughter Yoga when she returned to Nova Scotia almost five years ago. She loved it so much that she became a certified Laughter Yoga leader. To quote her “It adds so much zest to my life!!! I love it!!!”

Finding Hope Everywhere

Bishop Sandra Fyfe was born and raised in Halifax, Nova Scotia. Her academic career began in 1984 which resulted in a BA in Public Relations from Mount Saint Vincent University and later, a Masters of Divinity with honours from Queen’s Theological College in St John’s NL. Bishop Sandra served as curate at St Thomas Church in St John’s, rector at Christ Church, Shelburne and rector of the Parish of Horton, Wolfville, Nova Scotia before being elected Bishop of Nova Scotia and Prince Edward Island. Bishop Sandra was consecrated Bishop of Nova Scotia and Prince Edward Island in November 2020 in the midst of the COVID-19 Pandemic. Attendance at her consecration was limited to a few people but over 4,000 people watched the live broadcast! Bishop Sandra is married to Jim and has two children, Emma and Alex.